



# Medical support policy

## Purpose

The purpose of this policy is to provide clear guidance on the provision of medical support to our players and supporting volunteer coaches, trainers and first aides.

## Policy

The club will provide:

a) **Insurance:**

Platinum personal Injury Insurance – through JLT sport (MARSH). This insurance has been taken out with the internet to provide the best care possible to any player or volunteer who may receive an injury as a result of an activity undertake while representing or training. Further information on the policy taken out can be found using these links.

[https://afl.jltsport.com.au/documents/Programme\\_Summary.pdf?202001232043](https://afl.jltsport.com.au/documents/Programme_Summary.pdf?202001232043)

[https://afl.jltsport.com.au/documents/PA\\_Policy\\_Wording.pdf?201908012126](https://afl.jltsport.com.au/documents/PA_Policy_Wording.pdf?201908012126)

b) **First Aid**

The team manager and coach are responsible for allocating/appointing an appropriate person to fulfil the role of first aider or sport trainer for each team.

- a. All volunteers will be provided with the necessary training.
- b. A fully stocked first aid kit (as per the AFL requirements) for all activities undertaken by the team.
- c. Restocking of the kit will be done by the teams through the head trainer.

c) **Sports Taping**

The provision of sport tape for soft muscle injuries sustained during training or games will be provided by the club. **However**, it is not the club's responsibility to provide tape for pre-existing injuries, ailments or for preventative conditions.

Any pre-existing condition should be seen to by a qualified practitioner or physiotherapist and clearance to train should be provided to the coach.

d) **Rehabilitation**

Any rehabilitation for injuries sustained will be limited to what is provided under the insurance policy taken out on behalf of the player. Any additional requirements not covered by the policy will be dealt with on a case by case basis.

Endorsed: March 2020

Review Date: March 2022